



MAGGIE'S

SPEAK TO YOUR GP  
ABOUT PROSTATE CANCER

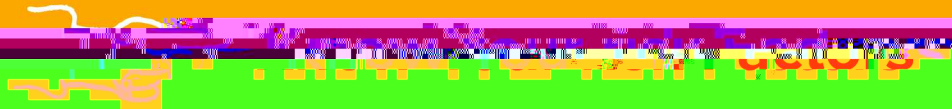
## Disclaimer:

© Maggie's Cancer Support Centres Ltd. All rights reserved. Maggie's Cancer Support Centres Ltd. is a registered charity in England and Wales (1132280) and in Scotland (SC042115).

Maggie's Cancer Support Centres Ltd. is a registered charity in England and Wales (1132280) and in Scotland (SC042115).

Maggie's Cancer Support Centres Ltd. is a registered charity in England and Wales (1132280) and in Scotland (SC042115).

Maggie's Cancer Support Centres Ltd. is a registered charity in England and Wales (1132280) and in Scotland (SC042115).

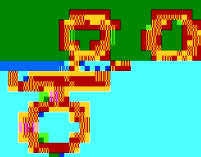


Many people are taking part in the 'Wash' campaign, which aims to raise awareness of the importance of washing your hands to prevent the spread of germs.

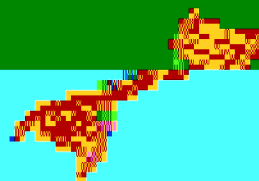
The campaign is being led by the World Health Organization (WHO) and the United Nations Children's Fund (UNICEF).



Young girl holding a sign



Young boy holding a sign  
during the campaign



Young girl holding a sign

The campaign is being held in many countries around the world, including India, where it is being led by the Ministry of Health and Family Welfare.

## Wash your hands to stay healthy

1. Wash your hands regularly with soap and water for at least 20 seconds.
2. Use hand sanitizer if soap and water are not available.
3. Avoid touching your face, especially your eyes, nose, and mouth.
4. Cover your mouth and nose when you cough or sneeze.
5. Stay home if you are sick.
6. Avoid close contact with people who are sick.
7. Avoid touching surfaces that many people touch, such as door handles, handrails, and elevator buttons.



1. Wash your hands

regularly with soap

and water for at least

20 seconds.

2. Use hand sanitizer

if soap and water

are not available.

3. Avoid touching your

face, especially your

eyes, nose, and

mouth.

4. Cover your mouth and

nose when you cough

or sneeze.

5. Stay home if you are

sick.

6. Avoid close contact

with people who are

sick.

7. Avoid touching

surfaces that many

people touch, such as

door handles, handrails,

and elevator buttons.

Wash your hands

Wash your hands

Wash your hands

Wash your hands

Wash your hands

Wash your hands

Wash your hands

Wash your hands

Wash your hands

Wash your hands

Wash your hands

Wash your hands

Wash your hands

Wash your hands

Wash your hands

Wash your hands

# What to expect

from your dentist

At the start of your appointment, your dentist will



ask you a series of questions about your dental history and general health.

They will also check your teeth and gums for any signs of decay or disease.

They will also check your teeth and gums for any signs of decay or disease.

They will also check your teeth and gums for any signs of decay or disease.

They will also check your teeth and gums for any signs of decay or disease.

... WHAT YOUR DENTIST WILL DO

A PSA blood test is designed to identify prostate



... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

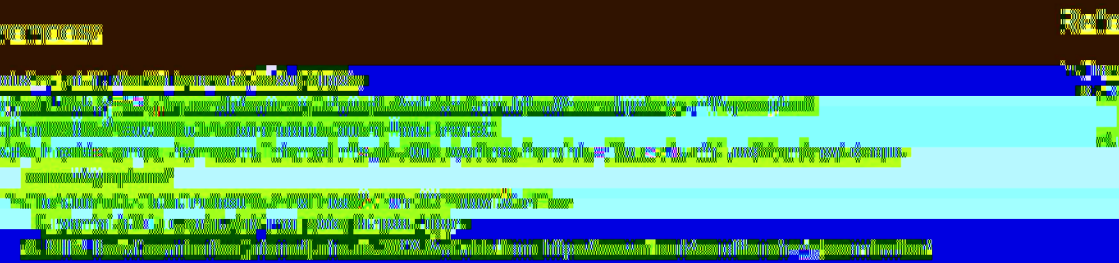
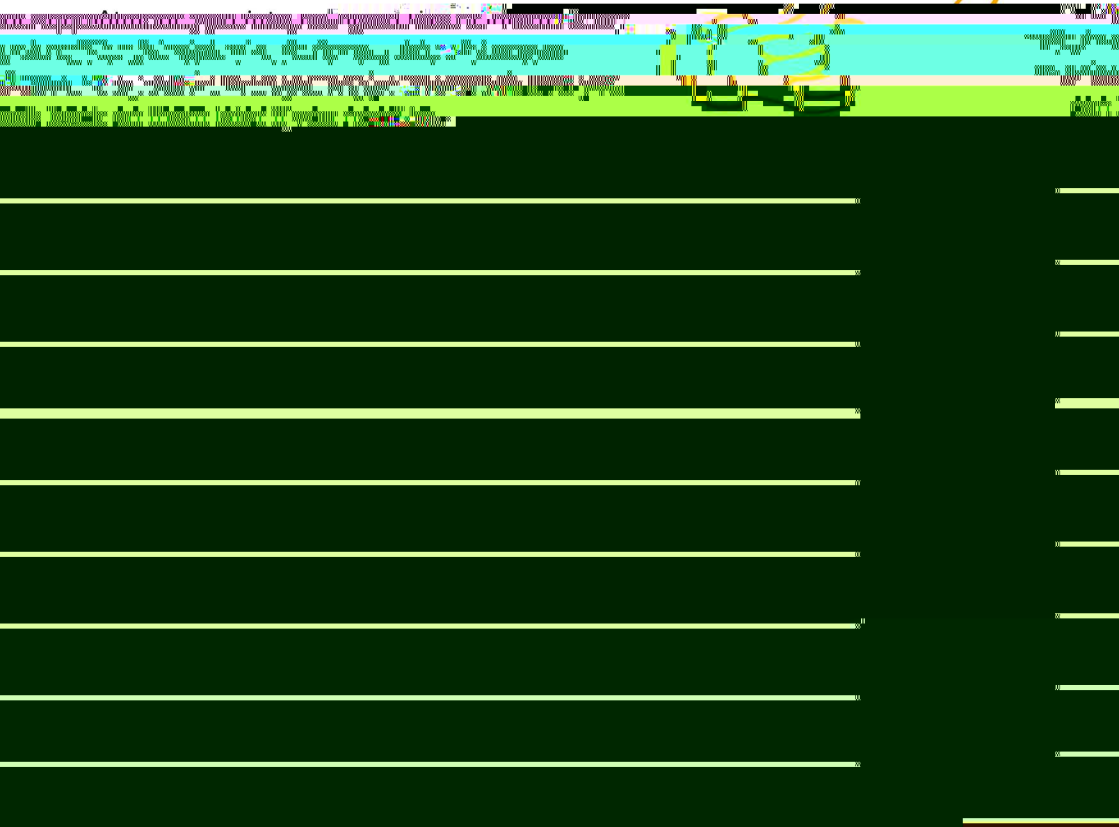
... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

... WHAT YOUR DENTIST WILL DO

# Notes:



Dr. [Name] [Address]



[Name] [Address]